## **Client file – contact charting**

Client file: name: Bauer, Paul Date: April 16, 201X

Date of charting: April 16, 201X

Date of contact: April 16, 201X - 90 minute appointment at Paul's brother's home. Contact was spent continuing assessment and development of the initial ICSP. (see functional assessment).

Paul indicated that he wishes to return to living in Fergus Falls. He has lived there the past several years and views it as his home. He has a friend who he might be able to live with temporarily in Fergus Falls. Paul expressed reservations about such a living arrangement because this friend also abuses alcohol. Paul is going to contact the friend about possibly staying with him for a couple of months.

Paul did see the CD counselor at the mental health center. Apparently, the assessor recommended treatment options to Paul. Paul indicated that he would attend AA groups; was not interested in treatment at this time. Paul indicated that the assessor mentioned a new integrated MH/MI treatment program in Fergus Falls that Paul might consider if he moves back to Fergus Falls. Paul noted that his alcohol use causes tensions in his brother's home. Paul avoids being intoxicated in front of his brother's children. He believes that he is wearing out his welcome at his brother's home.

Health and lifestyle assessment worked on. Paul reports having had an annual physical within the past year; he has seen a dentist during the past year. Paul has current prescription for his medications. Paul reports being in general good health.

Case manager will contact former Otter Tail County case manager to discuss Paul's possible return to Otter Tail, and process to reopen case management services if Paul does move. Case manager will coordinate with Rule 25 assessor to obtain recommendations.

Next contact with Paul planned for May 1, 201X. This contact will include planning meeting with Paul's brother.

*Rob Jones* Senior Case Manger